Employee Engagement and Wellness Committee

Monday, April 4, 2022 3:00-4:00pm

Members Present: Cathy Colella, Nathan Rickey, Bethann Talsma, Sara Tanis, Julia Fedeson, Jessica Potter, Ashley Bergkamp, Charles Heidelberg, Renae Peruski, Terri Zirkle McDonald, Franki Hand Absent: Aaron Hilliard, Chelsie Taylor,

Minutes

- 1. Minutes from the March 7 meeting were approved.
- 2. Welcome new member Franki Hand, from AWH Library
- 3. The committee will continue the monthly section in the employee newsletter and marketing would like something to add each month if possible. This month, reminders about the meetups will be published.
- 4. The group discussed the success of the Plant Adoption, Euchre and Walking, Running Meetups.
- 5. Other ideas
 - a) High lighting departments and/or employees. What is DEI doing with to highlight employees making a difference in DEI.
 - b) Book ideas: wellness focused
 - Franki discussed a book recommendation about breath.
 - Connect with the Kalamazoo Reading together which is usually announced later summer or early fall. This book discussion could be a breakout session during the January summit.
 - c) Fundraising euchre event with four or five tables.
 - d) All employee picnic event was mentioned. Per Jessica there may be something in the planning process for this type of event
 - e) Community focused volunteer event
 - f) Add a suggested article or book to read in the employee newsletter.
 - g) Jessica Potter submitted an article regarding employee engagement. This could be a contribution to an upcoming segment in the employee newsletter.

ACTION ITEMS:

- 1. Research books and articles related to Employee Engagement (Franki, Ashley)
- 2. Submit final descriptions to Cathy before Friday for the newsletter.
- 3. Check out recommended article by Jessica Potter (Everyone)
- 4. Employee Recognition tools (Cathy)